June

FÜELforTHOUGHT

A Free Monthly Newsletter From Your Friends At Ricky Ratchets Auto Repair

June Events

June 3rd	National Donut Day
June 4th	Hug Your Cat Day
June 8th	World Ocean Day
June 14th	World Blood Donor Day
June 19th	Father's Day
June 21st	First Day Of Summer
June 22nd	World Rainforest Day
June 30th	Meteor Day
	•



Jupiter's moon Europa is covered by ridges that appear in pairs stretching for hundreds of miles over channels of ice, and until recently scientists were puzzled about how they were created. Now, according to the Science News website, they believe the ridges arose from a process resembling the formation of similar ridges found in Greenland on Earth.

A NASA satellite in 2016 showed the existence of an 800-meter-long double ridge system in Greenland. Astronomers analyzed the Greenland ridges, which are much smaller than those on Europe due to Earth's higher gravity. Radar shows that the Greenland ridges lie on top of a layer of water-filled snow about 10–15 meters deep; meltwater from the surface sinks into the buried snow beneath the ridges of ice.

Scientists theorize that the ridges on Europa have a similar origin, although the lack of meltwater or precipitation on the moon's surface means that the shallow water probably comes from an ocean under the shell of ice that makes up Europa's surface.

When water rises through cracks, it collects in thick layers of ice from which the ridges grow.

A NASA probe scheduled to launch in 2024 and arrive at Europa in 2030 will provide more data to confirm the theory.



Make An Impact As A Mentor

Being a mentor is a serious responsibility, but also a rewarding experience. The Lenovo website shares this candid advice on how to be a useful and successful mentor to a younger or less experienced colleague:

- ➤ Keep your advice simple. You don't have to offer complicated strategies for getting ahead. Share what's worked for you in relatable terms so your protégés can follow your advice easily.
- → Help with long-term planning. Your experience should help protégés map out a plan for their own career. Help them set and refine goals, and work on specific steps that will help them achieve those goals.
- Support people. Remind your protégés of their strengths. Identify and point out their unique talents and reassure them of the value they have to offer. Keeping them motivated is a big part of your job.
- Consider reversing your roles. You aren't the only person with wisdom to share. Let your protégés mentor you on areas where you don't have knowledge or experience. It's a win-win for everyone.

Do You Have A Question About Car Maintenance That You Want Answered?

We love to hear from all of our good friends and clients who enjoy reading our monthly newsletter. If you have a question about anything related to your vehicle, feel free to reach out to us...

Call us at (519) 455-5351 Or visit our website at www.rickyratchets.com

Give Us A Call With The Answer To the Father's Day Puzzle on Pg 4 For A Chance To WIN A Home Depot Prize Pack Valued at \$100!



Thank You! Thank You! Thank You!

Special thanks go out to all of our clients and friends who graciously referred our shop to their friends and neighbors last month! Our business is built based on the positive comments and referrals from people just like you. We just couldn't do it without you.

Dale Granger

Stay Safe When Working In The Heat

When heat and humidity combine to reduce the amount of evaporation of sweat from the body, outdoor work can become dangerous even for those in good shape. The key rules for coping with heat are to drink plenty of water to avoid dehydration and slow down and cool off when experiencing fatigue, a headache, a high pulse rate, or shallow breathing. Overheating can cause serious, even life-threatening conditions such as heatstroke. Look out for these symptoms of heat illness:

- ✓ Heat cramps. Working in hot weather can lead to muscle cramps, especially in the legs, because of brief imbalances in body salts. Cramps become less frequent as a person becomes used to the heat.
- ✓ **Heat syncope or fainting.** Anyone not used to working in the heat can experience a quick drop in blood pressure that can lead to fainting. As with heat cramps, the best approach is to take it easy.
- ✓ Heat exhaustion. Losing fluid and salt through perspiration or replacing them in an imbalanced way can lead to dizziness and weakness. Body temperature might rise, but shouldn't exceed 102 degrees. The best defense is to take it easy and drink plenty of water. Don't take salt tablets without consulting a physician.
- ✓ Heatstroke. In some cases extreme heat can upset the body's thermostat, causing body temperature to rise to 105 degrees or higher. Symptoms are lethargy, confusion, and unconsciousness. Even a suspicion that someone might be suffering from heatstroke requires immediate medical aid. Heatstroke can kill.

Get Started With These Three Tips

If you're just starting out in your career—or starting over on a new one—follow these three pieces of advice for getting ahead, from *The Economic Times*:

- ★ Learn from different people. We naturally gravitate toward people like us, with the same interests and backgrounds. When taking a new path, look for people with different viewpoints and from different walks of life. You'll learn more from them than you would from the usual suspects.
- ★ Don't complain. The obstacles ahead of you may seem insurmountable and unfair, but complaining about them won't make them go away. Focus on learning as much as you can about the problem so you can take control of solving it. Remember that you're responsible for your own success—no one else will do it for you.
- ★ Get out of your comfort zone. Comfort too often leads to mediocrity. Instead of doing what's easy, seek out new challenges—things to learn, projects to tackle, experiences that push you in new directions. You'll gain a fresh perspective and develop new skills by never settling for the status quo.

Student Debt Delays Big Financial Decisions

Student debt is making it hard for young Americans to start saving for the future, according to the Bankrate website, which reports that approximately 60% of U.S. adults—and 70% of Gen Z and millennial borrowers—have delayed important financial decisions because of it, preventing them from saving for retirement or emergencies, buying a home, or paying off credit cards or other debt.

Overall, 27% of survey respondents said they were delaying saving for emergencies, and 26% have delayed saving for retirement. Specifically, 74% of Gen Z borrowers have put off financial decisions, along with 58% of millennials (26–42) and 42% of baby boomers (58–76). Gen Z is most likely to put off buying or leasing a car; millennials are most likely to delay contributing to emergency funds or buying a house.



Summer Is HOT!!

A/C Inspection Reg \$119.95 + Tax – SAVE \$20 With Coupon We Will Check Visible Components, Check Residual Pressures, Minor Electrical Inspection and Report!

Congratulations To Our Client Of The Month!

Every month, we choose a very special client of the month. It's our way of acknowledging our great clients and saying thanks to those that support our business with referrals and repeat business.

This month's Client of the Month is

Brad Sparling



Thank You For The Kind Words

"Ran into trouble a long way from home. They said they could get me in in the morning, as it was close to closing time. When I spoke with them and explained the emergency situation, they had their guys have a look and stayed after hours to get me on the way! Great service, thank you!"

~ Paul Teague

Start Dental Health Early

Dental health is important to even the youngest children. Do your best to keep your kids' teeth clean and healthy by following these basics:

- **Brush and floss every day.** Teach your kids how to brush their teeth and floss properly. When children are very young (up to age 6 or 7) brush their teeth for them for two minutes a day.
- Provide a healthy diet. Give kids foods and beverages that are low in sugar (which contributes to tooth decay). Limit snacks.
- Be careful with bottles and sippy cups. Keep sippy cups at the table, and don't let children walk around with them. This will help you control the level of sugar they consume in drinks.
- Get regular checkups. Take your children to the dentist twice a year for an exam and cleaning.
 This sets the stage for good dental health throughout their lives.

Do You Want To Win A Free \$25.00 Tim Card?

The first 10 people to call with the correct answer will be eligible to win. At the end of the month we'll draw one lucky name. That winner will receive a FREE \$25.00 Tim Card from us! Here is this month's question... What year is the NASA probe, launching in 2024, expected to arrive at Europa?

(Hint: the answer is somewhere in this newsletter)

a) 2030 b) 2032 c) 2028d) 2025

Call right now with your answer!

Last month's trivia challenge was, Because of Marie Curie how many soldiers were X-rayed during WWI?

Answer: B) 1 Million

Congratulations to last month's winner...

Seth Page

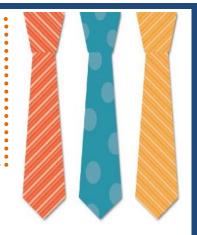
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Jakes Jokes:

Q: Where do fruits go on summer vacation? A: Pear-ish!
Q: How do you move a canoe filled with puppies? A: Doggie paddles!
Q: Where should you keep your Father's Day jokes? A: In a DADabase!
Q: What do you call your Dad when he falls through the ice? A: A POPsicle!

Q: How can you tell when Dad is a pro at napping? A: He can do it with his eyes closed!





CALLING ALL DADS!!

GIVE US A CALL WITH YOUR ANSWER FOR A CHANCE TO WIN A HOME DEPOT PRIZE PACK VALUED AT \$100.00!

Unscramble the letters to form ten different words to describe Dad and reveal the secret answer!
RFUELAC 2 YALLO 7 1 17
ONRGTS LUEHPFL 11 6 9
KDIN 20 OSDAEHNM 3 18 5
EEVDTOD 10 15 WIES 4 12
NLILTARIB 6 14
RLEECV 19
What do you call a monkey who is just like his father?
1 2 3 4 5 6 7 8 9
10 11 12 13 14 15 16 17 18 19 20